

## Louisburg Soccer Club Coaches

**Bad Weather** We will play games in a light rain **provided that there is no lightning in the area** and the fields are in playable condition. If games or practices are in progress, and severe weather or lightning moves into the area, the fields will be cleared immediately and the practice or games will not resume until the threat has passed.

**Game Days** We will try to notify coaches at least 2 hours prior to game time if their game is cancelled because of weather. Cancellations will also be posted on the club web site [www.louisburgsoccerclub.org](http://www.louisburgsoccerclub.org). The rainout line is 913-212-8290. Teams that fail to show up for games that have not been cancelled will forfeit that game and it will not be rescheduled.

**Practices** Coaches check the forecast, check for warnings on local TV or use internet to view local radar images. Remember the safety of our children is more important than getting in one more practice before your next game.

**Game Fields** Game fields are not to be used for practice (U5/U6 designated practice areas). Goals will be set up in designated practice areas.

**Shin Guards** Shin guards and socks that will cover them completely are required at all practices and games.

**Jewelry** No jewelry (rings, earrings, watches etc) can be worn at practice or games. Players with long hair must use soft ties if they choose to wear their hair up. No metal, wood or hard plastic.

**Cleats** Cleats are optional; they cannot have a toe cleat, no metal cleats allowed.

**Cold Weather Clothing** Jerseys must be worn on the outside. Sweat pants, wind pants or leggings are allowed. No hoods or ties, metal zippers or snaps will be allowed.

**Shorts** No jean shorts or jeans. No metal zippers or snaps will be allowed.

### **Ball Sizes**

U5-U8 - size 3

U10-U12 - size 4

U14-U19 - size 5

**Spectators** All parents or other spectators for all age groups must sit on the opposite side of the field from the players. An exception would be made for a severe Handicap individual who cannot be moved to the spectator's side of the field. Loitering behind goals is not allowed as this interferes with the game.

**Hot Weather** In hot weather players need frequent breaks and lots of water. Practices should not be held when the temperature exceeds 98.

**Cold Weather** Use common sense in cold weather. 40 degrees and sunny with no wind can be a fine day to practice. 40 degrees, wet, overcast and a 25 mph wind is not a day to be on the soccer fields. It does little to help your team if you practice in extremely cold wet weather and have half your team sick missing the next game.

**Mercy Rule** In all league games the mercy rule will be observed. U8/U10/U12 – When the goal differential reaches 6 point the team with the most goals must remove 1 player from the field. If the goal differential increases the team with the most goals must remove 1 player for each additional goal. If the goal differential decreases the team with the most goals may put a player back on the field. If the goal differential reaches 9 the referee will stop the match.

### **Players on the Field**

U5-U6	3v3	
U8	4v4	min to start or play 3
U10	6v6	min to start or play 4
U12	9v9	min to start or play 5
U14	11v11	min to start or play 7
U19	5v5	

**Players** Coaches cannot recruit and put additional players on their team. All players will be assigned to teams by LSC.

**Referee's** Treat the referee's with respect. Often it is a young teen that we ask to control a game with up to 22 players on the field, adult coaches and parents on the sideline. Comments from or actions of spectators on the sideline during a game or interference with a game could result in a card being issued to the coach, or parent and/or coach being ejected from the game, or the game being terminated.

**Risk Management** Do not leave players alone during or after practices or games. Be alert. Have medical release forms at every practice and game. Goals – do not move goals; make sure goals are anchored at practice; **do not allow players or children to hang on or climb on goals or nets.** Inspect your practice area for debris.

**Injured Player During a Game** Coaches are not allowed on the field unless the referee calls the coach onto the field to assist an injured player. The referee may allow play to continue depending on where the down player is and if there is a goal scoring opportunity. Teach your players to kick the ball out of bounds whenever there is a player down on the field, regardless which team, this will stop play immediately and allow the injured player to be attended to. If a player is bleeding they should not be allowed to participate in the game until all bleeding is stopped and all blood is cleaned off the player and their clothing.